



**“Spring Into Action”
2nd Annual Community Safety and
Awareness Event
sponsored by
East Bay Karate-Do and
Pittsburg Chamber Of Commerce
Saturday, May 15, 2010
10:00am to 2:00pm
1365 Buchanan Rd., Pittsburg, CA 94565
925-439-0964
www.eastbaykarate-do.com**

**Join us in a day full of FREE Safety and
Awareness Information and Events on
Saturday, May 15, 2010.**

Schedule of Events:

FREE Karate Classes for all ages:

3—6 years old 10:00am—10:45am

7—11 years old 10:50am—11:35am

12 years old and up 11:40am—12:25pm

FREE Women’s Self Defense & Awareness Class:

11:00am—12:00pm

Bully Buster Seminar—Ages 3 years old and up

1:00pm—1:30pm

We require a Waiver of Liability to be signed for all students. Children, please ensure that you bring your parents to sign the waiver in order to attend the classes.

Please wear comfortable clothing.

- **Demonstration from our very own Team X-Treme and Black Belt Club at 12:30pm**
- **FREE Finger Printing provided by the Pittsburg Police Department and McGruff the Dog**
- **Information booths on Safety, Health and Awareness**
- **Jumpers for the kids**

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